



SociAbility

Adults

Are you looking for group support activities for yourself or someone you care for?

Why not try SociAbility, our low-support, centre and community-based group program for adults who would like to meet new people while doing activities that align with their interests and goals?



From technology to entertainment, creativity to adventure, pick and choose from a range of activities that spark your interest, such as:

- Entertainment at the Royal Adelaide Show
- Social Fridays at our Stepney Hub, including open mic night
- Hahndorf Pet Barn experience
- Overnight Weekend GetAways
- National Railway Museum excursion
- Plus so much more!!!

**CHECK OUT OUR
UPCOMING ACTIVITIES
CALENDAR**



Here's what you need to know

Age Guide	<ul style="list-style-type: none"> • For 18 years of age or older
Ratio of Support	<ul style="list-style-type: none"> • Low-support at a 1:3 ratio of support
Days of service	<ul style="list-style-type: none"> • Friday evenings at the Hub or in the community • Thursdays, and weekend getaways
Hours of service	<ul style="list-style-type: none"> • 5:30 pm - 8:30 pm Friday night • 10:00 am - 4:00pm Thursdays and GetAways
NDIS Funding requirements	<ul style="list-style-type: none"> • Assistance with daily living (Core or capacity building)

Why choose SociAbility?

SociAbility supports the provision of additional benefits for participants, such as:

- Gross motor skills development
- Fitness and health
- Creating and maintaining social connections
- Enhance community engagement
- Motivation to try new things
- Increase independence by building confidence and self-esteem
- Overcome barriers to pursue goals and aspirations
- Develop creative and imaginative skills
- Develop problem-solving skills
- Develop cooperation and teamwork skills
- Enhance cognitive functioning and wellbeing
- Build strength and physical activity
- Experience companionship



Why choose DLi?

Selecting a provider for someone you care about is a BIG decision, but with over 35 years of experience, there are a few things you may not know about us:

- Solution oriented – We never say no until we have exhausted all possibilities to provide you with the support you want.
- Consistency – DLi provides a regular and consistent team of support workers to meet your and your child's needs.
- Quality assurance - NDIS registered provider who maintains all required insurances and ensures all support staff have the relevant and current certifications and qualifications.
- Regular reviews – Your feedback is extremely important. That is why we check in with you to ensure we provide the best support possible.
- Safeguarding – A specialised safeguarding team, including a nurse, psychologist and lawyer, reviews our daily operations to ensure we provide individualised supports, respect your individual values, uphold your privacy and confidentiality, and facilitate your independence.

