SociAbility 1:3 Group Activities

Are you looking for group support activities for yourself or someone you care for?

Why not try SociAbility, our low-support, centre and communitybased group program for adults who would like to meet new people while doing activities that align with their interests and goals.

From GetAways to centre and community-based activities, you can choose from a range of themes, including:

- Wholly Hospitality Fun and interactive food-focused activities
- Be Entertained through entertainment, movies and theatre
- Connecting Creatively Explore your creative skills through art and crafts
- Leisure and Venture Through the love of sport, recreation, and adventure.
- Our Natural World Explore the great outdoors, green and edible spaces
- Living Well Activities to relax, create calmness and mental clarity.
- Tech Savvy Foster social and emotional learning through technology





For Upcoming Activities



dli.org.au

Here's what you need to know

Age Guide	 For 18 years of age or older
Ratio of Support	 Low-support at a 1:3 ratio of support
Days of service	 Friday evenings, weekdays, weekends and GetAways
Hours of service	 10:00 am - 4:00pm (excl. GetAways) 5:30 pm - 8:30 pm Friday night only
NDIS Funding requirements	 Core - Assistance with social, economic and community participation

For Enquiries

8132 5400